

## **MORNING WORSHIP SERVICE**

**8 February 2026**

Text: Psalm 103:19-22

Title: "Bless the LORD, O my soul"

### **INTRODUCTION**

#### 1. The Commencement of Psalm 103

- a) Personal response to God
- b) Praise given to the Lord

#### 2. The Conclusion of Psalm 103

- a) A challenging Call to bless the Lord
- b) An extensive Call to all to bless God

### **SPECIAL REASONS TO PRAISE GOD**

*The Lord has established His throne in heaven,  
And His kingdom rules over all.*

*Psalm 103:19*

#### 1. God has established His throne in heaven

#### 2. His Kingdom rules over all

- a) Heaven
- b) Earth

## **AN EXAMPLE OF HOW HEAVEN WORSHIPS GOD**

*<sup>4</sup> And the twenty-four elders and the four living creatures fell down and worshiped God who sat on the throne, saying, "Amen! Alleluia!"*

*<sup>5</sup> Then a voice came from the throne, saying, "Praise our God, all you His servants and those who fear Him, both small and great!"*

*<sup>6</sup> And I heard, as it were, the voice of a great multitude, as the sound of many waters and as the sound of mighty thunderings, saying, "Alleluia! For the Lord God Omnipotent reigns!"*

*Revelation 19:4-6*

### 1. The heavenly congregation

- a) The twenty-four elders
- b) The four living creatures
- c) All who are God's servants
- d) All who fear God, both small and great

### 2. Affirmation of Worship and praise to God

- a) God sits on His throne in heaven
- b) He reigns as "The Lord God Omnipotent!"

## **AN EXTENSIVE CALL TO BLESS THE LORD**

*<sup>20</sup> Bless the Lord, you His angels,  
Who excel in strength, who do His word,  
Heeding the voice of His word.*

*<sup>21</sup> Bless the Lord, all you His hosts,  
You ministers of His, who do His pleasure.*

*<sup>22</sup> Bless the Lord, all His works,  
In all places of His dominion.  
Bless the Lord, O my soul!*

*Psalm 103:20-22*

### **1. A call to the angels of God**

- a) Angels who excel in strength
- b) They do His word
- c) They heed the voice of His word

### **2. The hosts of God**

- a) God is sometimes called "The Lord of hosts"
- b) This is a reference to the angelic armies of God
- c) They are engaged in spiritual warfare
  - i) Against power demonic forces
  - ii) They battle for those who belong to God
  - iii) They are ministers (servants) of God
  - iv) They do the things that please God
- d) They are called to bless the Lord's name too

### 3. The works of God

- a) God's handiwork may be seen in the universe
- b) The Psalmist personifies the works of God
- c) They are also called upon to offer praise to God

### 4. A beautiful imagery

*"For you shall go out with joy,  
And be led out with peace;  
The mountains and the hills  
Shall break forth into singing before you,  
And all the trees of the field shall clap their hands.*

*Isaiah 55:12*

- a) The redeemed described
  - i) They will go out with joy
  - ii) They will be led out with peace
- b) The mountains and the hills
  - i) They will break forth into singing
  - ii) All the trees of the field shall clap their hands

## **A CONSISTENT CALL TO BLESS THE LORD**

*Bless the Lord, O my soul!*

*Psalm 103:22c*

*<sup>1</sup>Bless the Lord, O my soul;  
And all that is within me, bless His holy name!*

*<sup>2</sup>Bless the Lord, O my soul,  
And forget not all His benefits:*

*Psalm 103:1-2*

1. Commencement to bless the Lord
2. Commitment to bless the Lord

*<sup>1</sup>I will bless the Lord at all times;  
His praise shall continually be in my mouth.*

*<sup>2</sup>My soul shall make its boast in the Lord;  
The humble shall hear of it and be glad.*

*<sup>3</sup>Oh, magnify the Lord with me,  
And let us exalt His name together.*

*Psalm 34:1-3*

- a) To bless the Lord at all times
- b) His praise to be spoken of continually
- c) A call to magnify the name of the Lord

## **OUR CHALLENGE**

*<sup>1</sup> Praise the Lord!*

*Praise the Lord, O my soul!*

*<sup>2</sup> While I live I will praise the Lord;*

*I will sing praises to my God while I have my being*

*Psalm 146:1-2*

1. To offer praise to the Lord
2. To offer praise as long as we have life
3. A worthy challenge